

9. Internationales EMM-Athletik-Sportfest am 26.04.2026

Zeitplan U12 & U14

| Zeit | MJU14 | | MKU12 | | WJU14 | | WKU12 | | Zeit |
|-------|---------------|--------------------|---------------|--------|------------|--------------------|--------|--------|-------|
| | M13 | M12 | M11 | M10 | W13 | W12 | W11 | W10 | |
| 10:00 | | 60m H ¹ | Weit 1 | Weit 2 | | 60m H ¹ | Weit 3 | Weit 4 | 10:00 |
| 10:05 | | H: 68,6 cm | | | | H: 68,6 cm | | | 10:05 |
| 10:10 | 60m H | | | | 60m H | | | | 10:10 |
| 10:15 | H: 76,2 cm | | | | H: 76,2 cm | | | | 10:15 |
| 10:20 | | | | | | | | | 10:20 |
| 10:25 | | | | | | | | | 10:25 |
| 10:30 | | | | | | | | | 10:30 |
| 10:35 | | | | | | | | | 10:35 |
| 10:40 | | | | | | | | | 10:40 |
| 10:45 | | | | | | | | | 10:45 |
| 10:50 | | | | | | | | | 10:50 |
| 10:55 | | | | | | | | | 10:55 |
| 11:00 | Weit 2 | Weit 2 | Ball 1 | Ball 1 | Weit 3 | Weit 4 | Ball 2 | Ball 2 | 11:00 |
| 11:05 | | | | | | | | | 11:05 |
| 11:10 | | | | | | | | | 11:10 |
| 11:15 | | | | | | | | | 11:15 |
| 11:20 | | | | | | | | | 11:20 |
| 11:25 | | | | | | | | | 11:25 |
| 11:30 | | | | | | | | | 11:30 |
| 11:35 | | | | | | | | | 11:35 |
| 11:40 | | | | | | | | | 11:40 |
| 11:45 | | | | | | | | | 11:45 |
| 11:50 | | | | | | | | | 11:50 |
| 11:55 | | | 50m | 50m | | | | | 11:55 |
| 12:00 | | | | | | | | | 12:00 |
| 12:05 | | | | | | | | | 12:05 |
| 12:10 | | | | | | | 50m | 50m | 12:10 |
| 12:15 | | | | | | | | | 12:15 |
| 12:20 | | | | | | | | | 12:20 |
| 12:25 | 75m | 75m | | | | | | | 12:25 |
| 12:30 | | | | | | | | | 12:30 |
| 12:35 | | | | | | | | | 12:35 |
| 12:40 | | | | | 75m | 75m | | | 12:40 |
| 12:45 | | | | | | | | | 12:45 |
| 12:50 | | | | | | | | | 12:50 |
| 12:55 | | | | | | | | | 12:55 |
| 13:00 | | | | | | | | | 13:00 |
| 13:05 | | | 800m | 800m | | | | | 13:05 |
| 13:10 | | | | | | | 800m | 800m | 13:10 |
| 13:15 | | | | | | | | | 13:15 |
| 13:20 | | | | | | | | | 13:20 |
| 13:25 | | | | | | | | | 13:25 |
| 13:30 | | | | | | | | | 13:30 |
| 13:35 | | | | | | | | | 13:35 |
| 13:40 | Hoch | Hoch | | | Hoch | Hoch | | | 13:40 |
| 13:45 | | | | | | | | | 13:45 |
| 13:50 | | | | | | | | | 13:50 |
| 13:55 | 800m | 800m | | | 800m | 800m | | | 13:55 |
| 14:00 | | | | | | | | | 14:00 |

¹ Der 60m Hürdenlauf der M12/W12 wird nach den Bedingungen des Pilotprojekts des LV Nordrhein durchgeführt. Informationen dazu in der Ausschreibung.

Fett und Gelb hinterlegt: Startzeit und/oder Anlage geändert

9. Internationales EMM-Athletik-Sportfest am 26.04.2026

Zeitplan U16, U18, U20, Männer & Frauen

| Zeit | M | MJU20 | MJU18 | MJU16 | | W | WJU20 | WJU18 | WJU16 | | Zeit |
|-------|-------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|-------|
| | | | | M15 | M14 | | | | W15 | W14 | |
| 10:20 | | | | | | | | | | | 10:20 |
| 10:25 | | | | | | | | | | | 10:25 |
| 10:30 | | | | | | | | | | | 10:30 |
| 10:35 | | | | 80m H | 80m H | | | | 80m H | 80m H | 10:35 |
| 10:40 | | | | H: 83,8 cm | H: 83,8 cm | | | | H: 76,2 cm | H: 76,2 cm | 10:40 |
| 10:45 | | | | | | | | | | | 10:45 |
| 10:50 | | | | | | | | 100m H | | | 10:50 |
| 10:55 | | | | | | | | H: 76,2 cm | | | 10:55 |
| 11:00 | | | | | | | 400m H | | | | 11:00 |
| 11:05 | | | | | | 400m H | H: 83,8 cm | | | | 11:05 |
| 11:10 | | | | | | H: 83,8 cm | | | | | 11:10 |
| 11:15 | | | | | | | | | | | 11:15 |
| 11:20 | | | | | | | | | | | 11:20 |
| 11:25 | | 110m H | 110m H | | | | | | | | 11:25 |
| 11:30 | | H: 99,1 cm | H: 91,4 cm | | | | | | | | 11:30 |
| 11:35 | 110m H | | | | | | | | | | 11:35 |
| 11:40 | H: 106,7 cm | | | | | | | | | | 11:40 |
| 11:45 | | | | | | | | | | | 11:45 |
| 11:50 | | | | | | | | | | | 11:50 |
| 11:55 | | | | | | | | | | | 11:55 |
| 12:00 | | | | Hoch | Hoch | | | | Hoch | Hoch | 12:00 |
| 12:05 | | | | | | | | | | | 12:05 |
| 12:10 | | | | | | | | | | | 12:10 |
| 12:15 | | | | | | | | | | | 12:15 |
| 12:20 | | | | | | Weit 2 | Weit 4 | Weit 4 | | | 12:20 |
| 12:25 | | | | | | | | | | | 12:25 |
| 12:30 | | | | | | | | | | | 12:30 |
| 12:35 | | | | | | | | | | | 12:35 |
| 12:40 | | | | | | | | | | | 12:40 |
| 12:45 | | | | | | | | | | | 12:45 |
| 12:50 | | | | | | | | | | | 12:50 |
| 12:55 | | | | | | | | | | | 12:55 |
| 13:00 | | | | | | | | | | | 13:00 |
| 13:05 | | | | | | | | | | | 13:05 |
| 13:10 | | | | | | | | | | | 13:10 |
| 13:15 | | | | | | | | | | | 13:15 |
| 13:20 | | | | | | | | | | | 13:20 |
| 13:25 | 4x100m | 4x100m | 4x100m | 4x100m | | | | | | | 13:25 |
| 13:30 | | | | | | 4x100m | 4x100m | 4x100m | 4x100m | | 13:30 |
| 13:35 | | | | | | | | | | | 13:35 |
| 13:40 | | | | | | | | | | | 13:40 |
| 13:45 | | | | | | | | | | | 13:45 |
| 13:50 | Weit 2 | Weit 2 | Weit 2 | 800m | 800m | | | | | | 13:50 |
| 13:55 | | | | | | | | | 800m | 800m | 13:55 |
| 14:00 | | | | | | | | | | | 14:00 |
| 14:05 | | | | | | | | | | | 14:05 |
| 14:10 | | | | | | | | | | | 14:10 |
| 14:15 | | | | | | | | | | | 14:15 |
| 14:20 | | | | | | | | | | | 14:20 |
| 14:25 | | | | | | 100m | 100m | 100m | | | 14:25 |
| 14:30 | | | | | | | | | | | 14:30 |
| 14:35 | | | | | | | | | | | 14:35 |
| 14:40 | | | | | | | | | | | 14:40 |
| 14:45 | | | | | | | | | 100m | 100m | 14:45 |
| 14:50 | | | | | | | | | | | 14:50 |
| 14:55 | | | | | | | | | | | 14:55 |
| 15:00 | | | | 100m | 100m | | | | | | 15:00 |
| 15:05 | | | | | | | | | | | 15:05 |
| 15:10 | | | | | | Drei | Drei | Drei | Drei | | 15:10 |
| 15:15 | 100m | 100m | 100m | | | | | | | | 15:15 |
| 15:20 | | | | | | Hoch | Hoch | Hoch | | | 15:20 |
| 15:25 | | | | | | | | | | | 15:25 |
| 15:30 | | | | Weit 4 | Weit 4 | | | | | | 15:30 |
| 15:35 | | | | | | | | | | | 15:35 |
| 15:40 | | | | | | | | | | | 15:40 |
| 15:45 | 400m | 400m | 400m | | | | | | | | 15:45 |
| 15:50 | | | | | | | | | | | 15:50 |
| 15:55 | | | | | | 400m | 400m | 400m | | | 15:55 |
| 16:00 | | | | | | | | | | | 16:00 |
| 16:05 | | | | | | | | | | | 16:05 |
| 16:10 | | | | | | | | | | | 16:10 |
| 16:15 | 200m | 200m | 200m | | | | | | | | 16:15 |
| 16:20 | | | | | | | | | | | 16:20 |
| 16:25 | | | | | | | | | | | 16:25 |
| 16:30 | | | | | | 200m | 200m | 200m | Weit 4 | Weit 4 | 16:30 |
| 16:35 | | | | | | | | | | | 16:35 |
| 16:40 | Drei | Drei | Drei | Drei | | | | | | | 16:40 |
| 16:45 | | | | | | | | | | | 16:45 |
| 16:50 | Hoch | Hoch | Hoch | | | | | | 300m H | | 16:50 |
| 16:55 | | | | | | | | | H: 76,2 cm | | 16:55 |
| 17:00 | | | | 300m H | | | | | | | 17:00 |
| 17:05 | | | | H: 83,8 cm | | | | | | | 17:05 |
| 17:10 | | | | | | 400m H | 400m H | 400m H | | | 17:10 |
| 17:15 | | | | | | H: 76,2 cm | H: 76,2 cm | H: 76,2 cm | | | 17:15 |
| 17:20 | | | | 400m H | | | | | | | 17:20 |
| 17:25 | 400m H | 400m H | H: 83,8 cm | | | | | | | | 17:25 |
| 17:30 | H: 91,4 cm | H: 91,4 cm | | | | | | | | | 17:30 |
| 17:35 | | | | | | | | | | | 17:35 |
| 17:40 | | | | | | | | | | | 17:40 |

Fett und Gelb hinterlegt: Startzeit und/oder Anlage geändert
 XXX Durchgestrichen und gelb hinterlegt: Wettbewerb entfällt (Somit auch keine Nachmeldungen Möglich)