

6. Internationales EMM-Athletik-Sportfest am 14.05.2023

Vorläufiger Zeitplan U12 & U14

Zeit	MJU14		MKU12		WJU14		WKU12		Zeit
	M13	M12	M11	M10	W13	W12	W11	W10	
10:00	75m	75m	Ball 1	Ball 1	Hoch	Hoch	Weit 3	Weit 4	10:00
10:05									10:05
10:10									10:10
10:15					75m	75m			10:15
10:20									10:20
10:25									10:25
10:30									10:30
10:35									10:35
10:40	Weit 1	Weit 2	50m	50m					10:40
10:45					Speer	Speer			10:45
10:50									10:50
10:55							50m	50m	10:55
11:00									11:00
11:05									11:05
11:10			Weit 3	Weit 4					11:10
11:15									11:15
11:20					800m	800m			11:20
11:25							800m	800m	11:25
11:30	Hoch	Hoch							11:30
11:35									11:35
11:40	Speer	Speer							11:40
11:45					Weit 1	Weit 2	Ball 1	Ball 1	11:45
11:50	800m	800m							11:50
11:55			800m	800m					11:55
12:00									12:00
12:05									12:05
12:10									12:10
12:15									12:15
12:20									12:20
12:25									12:25
12:30									12:30
12:35									12:35
12:40									12:40
12:45									12:45
12:50					60m H	60m H			12:50
12:55									12:55
13:00	60m H	60m H							13:00
13:05									13:05
13:10									13:10
13:15									13:15
13:20									13:20
13:25									13:25
13:30									13:30

6. Internationales EMM-Athletik-Sportfest am 14.05.2023											
Vorläufiger Zeitplan U16, U18, U20, Männer & Frauen											
Zeit	M	MJU20	MJU18	MJU16		W	WJU20	WJU18	WJU16		Zeit
				M15	M14				W15	W14	
11:30									800m	800m	11:30
11:35											11:35
11:40											11:40
11:45				800m	800m						11:45
11:50											11:50
11:55											11:55
12:00											12:00
12:05											12:05
12:10						4x100m	4x100m	4x100m			12:10
12:15											12:15
12:20	4x100m	4x100m	4x100m								12:20
12:25											12:25
12:30											12:30
12:35											12:35
12:40											12:40
12:45											12:45
12:50											12:50
12:55											12:55
13:00	Drei Hoch	Drei Hoch	Drei Hoch	Drei Speer	Speer	Kugel	Kugel	Kugel	Weit 2	Weit 3	13:00
13:05											13:05
13:10											13:10
13:15											13:15
13:20											13:20
13:25									80m H	80m H	13:25
13:30											13:30
13:35											13:35
13:40											13:40
13:45											13:45
13:50				80m H	80m H						13:50
13:55											13:55
14:00											14:00
14:05											14:05
14:10									Speer	Speer	14:10
14:15								100m H			14:15
14:20											14:20
14:25											14:25
14:30	Kugel	Kugel	Kugel			Hoch	100m H Hoch	Hoch			14:30
14:35											14:35
14:40											14:40
14:45						100m H					14:45
14:50				Weit 2	Weit 3	Drei	Drei	Drei	Drei		14:50
14:55											14:55
15:00											15:00
15:05			110m H								15:05
15:10											15:10
15:15											15:15
15:20		110m H									15:20
15:25											15:25
15:30											15:30
15:35	110m H										15:35
15:40											15:40
15:45											15:45
15:50									Kugel	Kugel	15:50
15:55						100m	100m	100m			15:55
16:00				Hoch	Hoch						16:00
16:05											16:05
16:10	100m	100m	100m								16:10
16:15											16:15
16:20											16:20
16:25									100m	100m	16:25
16:30						Speer	Speer	Speer			16:30
16:35											16:35
16:40	Weit 1	Weit 2	Weit 3	100m	100m						16:40
16:45											16:45
16:50											16:50
16:55											16:55
17:00									Hoch	Hoch	17:00
17:05											17:05
17:10				Kugel	Kugel	400m H	400m H	400m H			17:10
17:15											17:15
17:20											17:20
17:25											17:25
17:30			400m H								17:30
17:35											17:35
17:40	400m H	400m H									17:40
17:45	Speer	Speer	Speer								17:45
17:50						Weit 1	Weit 2	Weit 3			17:50
17:55											17:55
18:00											18:00
18:05						200m	200m	200m			18:05
18:10											18:10
18:15											18:15
18:20	200m	200m	200m								18:20
18:25											18:25
18:30											18:30
18:35											18:35
18:40						400m	400m	400m			18:40
18:45											18:45
18:50	400m	400m	400m								18:50
18:55											18:55
19:00											19:00