

5. Internationales EMM-Athletik-Sportfest am 15.05.2022

Zeitplan U12 & U14

Zeit	MJU14		MKU12		WJU14		WKU12		Zeit
	M13	M12	M11	M10	W13	W12	W11	W10	
10:00	Weit 1	Weit 1			Ball 1 Hoch	Ball 1 Hoch	50m	50m	10:00
10:05									10:05
10:10									10:10
10:15			50m	50m					10:15
10:20									10:20
10:25							Weit 2	Weit 2	10:25
10:30									10:30
10:35									10:35
10:40			Ball 1	Ball 1	75m	75m			10:40
10:45									10:45
10:50									10:50
10:55	75m	75m							10:55
11:00									11:00
11:05									11:05
11:10					Weit 1	Weit 1			11:10
11:15									11:15
11:20	Hoch	Hoch					800m Ball 1	800m Ball 1	11:20
11:25			800m	800m					11:25
11:30					800m	800m			11:30
11:35	800m	800m	Weit 2	Weit 2					11:35
11:40									11:40
11:45									11:45
11:50									11:50
11:55									11:55
12:00	Ball 1	Ball 1							12:00
12:05									12:05
12:10									12:10
12:15									12:15
12:20									12:20
12:25									12:25
12:30									12:30
12:35									12:35
12:40					60m H	60m H			12:40
12:45									12:45
12:50									12:50
12:55	60m H	60m H							12:55
13:00									13:00
13:05									13:05
13:10									13:10
13:15									13:15
13:20									13:20
13:25									13:25
13:30									13:30

5. Internationales EMM-Athletik-Sportfest am 15.05.2022

Zeitplan U16, U18, U20, Männer & Frauen

Zeit	M	MJU20	MJU18	MJU16		W	WJU20	WJU18	WJU16		Zeit
				M15	M14				W15	W14	
11:40											11:40
11:45				800m	800m				800m	800m	11:45
11:50											11:50
11:55											11:55
12:00											12:00
12:05											12:05
12:10	4x100m	4x100m	4x100m			4x100m	4x100m	4x100m			12:10
12:15											12:15
12:20											12:20
12:25											12:25
12:30											12:30
12:35											12:35
12:40											12:40
12:45											12:45
12:50											12:50
12:55											12:55
13:00	Drei Diskus	Drei Diskus	Drei Diskus	Drei Hoch	Hoch	Kugel	Kugel	Kugel	Weit 2	Weit 2	13:00
13:05											13:05
13:10											13:10
13:15											13:15
13:20				80m H	80m H						13:20
13:25											13:25
13:30											13:30
13:35									80m H	80m H	13:35
13:40											13:40
13:45											13:45
13:50											13:50
13:55											13:55
14:00								100m H			14:00
14:05											14:05
14:10							100m H				14:10
14:15											14:15
14:20						100m H			Hoch	Hoch	14:20
14:25											14:25
14:30	Kugel	Kugel	Kugel								14:30
14:35											14:35
14:40			110m H	Weit 2	Weit 2	Drei Diskus	Drei Diskus	Drei Diskus	Drei		14:40
14:45											14:45
14:50		110m H									14:50
14:55											14:55
15:00	110m H										15:00
15:05											15:05
15:10											15:10
15:15											15:15
15:20						100m	100m	100m			15:20
15:25											15:25
15:30											15:30
15:35											15:35
15:40											15:40
15:45											15:45
15:50	100m	100m	100m								15:50
15:55						Hoch	Hoch	Hoch			15:55
16:00				Kugel	Kugel						16:00
16:05											16:05
16:10						Speer	Speer	Speer			16:10
16:15											16:15
16:20	Weit 1	Weit 1	Weit 1						100m	100m	16:20
16:25											16:25
16:30											16:30
16:35				100m	100m						16:35
16:40											16:40
16:45											16:45
16:50											16:50
16:55											16:55
17:00						400m H	400m H	400m H			17:00
17:05											17:05
17:10											17:10
17:15											17:15
17:20	400m H	400m H	400m H						Kugel	Kugel	17:20
17:25	Hoch	Hoch	Hoch								17:25
17:30											17:30
17:35											17:35
17:40						Weit 1	Weit 1	Weit 2			17:40
17:45											17:45
17:50	Speer	Speer	Speer								17:50
17:55						200m	200m	200m			17:55
18:00											18:00
18:05	200m	200m	200m								18:05
18:10											18:10
18:15											18:15
18:20											18:20
18:25	400m	400m	400m			400m	400m	400m			18:25
18:30											18:30
18:35											18:35
18:40											18:40